

Colorado Springs Commission on Aging Minutes

November 6, 2019

3:00 – 5:00 pm

CONO, 1506 N. Hancock Ave., 80903

In attendance: Carrie Schillinger (Chair), Lorri Orwig, Lindsey Baker, Aubrey Day, Sara Vaas, Cleasther Marchman, Caedryn Carter, Claire Anderson, Connie Johnson, CJ Moore

Excused:

Absent:

Guests: Jody Barker, Melissa Marts, Elisa Santos, Mittie Petraza, Jill Gaebler, David Geislinger

Staff: Carly Hoff

Call to Order 3:00 pm

Welcome & Introductions

Citizen Comment

Presentation by Jody Barker & Melissa Marts, Area Agency on Aging

Primary mission- helping older adults stay in their own homes by removing the barriers to independent living

Independent agency that administers the Older Americans Act and Older Coloradoans Act funds, as well as the Homestead Act funds

Provide leadership, coordination of services

Serve anyone over 60 years old -everyone has access to services

Services:

Family Caregiver Support center

Senior Information and Assistance Center/Yellow Book (also available on ppacg.org)

www.ppacg.org/yellowbook

2020 Yellow Book will be released in March-April timeframe

Short term case management

Personal care and home care vouchers

Adult Medicaid and Veterans Benefits book (available on ppacg.org)

Long Term Care Ombudsman

Medicare Open Enrollment (October 15-December 7)

SHIP Counselors (State Health Insurance Program)

Medicare 101

Social Security 101 Classes

RAC – Regional Advisory Council (citizens advisory group) meets monthly

Openings on the RAC are posted on PPACG website, some are appointed, some are citizen positions

Will add Commission on Aging updates to agenda

Receives updates from service providers

Tasked with reviewing applications, making recommendations and presented to PPACG board on funds

Funded \$5.6 million to service providers, internal programs and voucher programs in 2018-2019

Things like handyman services, home delivered meals, homemaker services, legal assistance, nutrition counseling, caregiver respite, audiology, transportation, etc.

Needs: Housing, Transportation, Nutrition feeding programs, PACE ombudsman support, caregiver respite companion, Medicaid application processing

Successes: Successful grant to bring Sunshine Home Share into our community

Older person has extra space in their home – needs to make extra money each month, needs assistance with daily chores/tasks, etc or needing a companion/friendship in their home.

AAA is taking a list of people who are wanting to live in a shared home or who are wanting to share their home

Commons scenario: reduction in rent in exchange for expected household duties

Two week trial period

72 members in Association of Home Shares across the country

AAA will be revitalizing a group working on mental health issues and seniors

PPACG focusing on transit for seniors in new 5 year plan

AAA is working with IIAC on launching the Portal (online resource of services/resources for seniors). We will update the Commission when that resource has launched.

Aging with Altitude Podcast

Studio809radio.com Podcast series – release two each month

This month: Advocacy and Ombudsman Role, Silver Key and Housing Navigator program

(719) 471-2096 is main phone line to Area Agency on Aging

Discussion:

Fits in Respect and Social Inclusion Domain of Age Friendly Colorado Springs Plan

How can we be inclusive and make older adults aware of opportunities to serve?

KRDO Radio picked up the story about funding for the next cycle -no other media outlets picked it up – how can we help increase awareness about inclusion opportunities?

Action:

Commissioner Member Update

City Council will formally vote on new Commission members on November 12th

First official meeting on December 4th

Welcome!

Mittie Pedraza (3 year term)

Elisa Santos (Alternate)

Vanessa Obetz (Alternate – 3 year term)

David McKeown (2 year term)

Kelsie Heermans (2 year term)

Discussion:

Action:

Commissioner Updates:

Aubrey Day – opening Bread and Butter Neighborhood Market

Cleather Marchman – Savvy Seniors starting lunch at Urbanite Center

Adults 55+

Lunch, games, giveaways, music and dancing

Lunch is free, entertainment is free

November 12, 2019, 11:00 – 1 PM

506 E. Moreno Avenue, 80903

Every 2nd Tuesday of the month

RSVP 719-634-1525 or 719-337-9496

Carrie Schillinger – COS Pro Housing Partnership campaign for ADUs kickoff

November 19th 4:30-5:40 *at 5:40 we will travel to city hall (107 N. Nevada) for Town Hall

December 4th is 2nd ADU Town Hall

Next meeting(s):

Meeting location change starting December meeting – City Hall, Pikes Peak Conference Room on second floor

City parking garage above bus station – parking can be validated there

Free parking within a few blocks

Metered parking around building

**Next Meeting: Wednesday, December 4, 2019, 3:00 – 5:00 pm at City Hall, 107 N. Nevada Ave.,
Pikes Peak Conference Room on second floor**

Adjournment 4:30 pm